



Yin Yoga x Yoga Nidra

REST & RESET

Saturday 17h45-19h
@ the Yoga House (Hotel Bristol)

1 CLASS: 15 CHF
TRY OUT: 10 CHF

Booking / More information:

+ 32 490 15 72 16 (whatsapp)
+ 41 772 86 25 62 (tel)